

## Lion Force Martial Arts 35 E. Uwchlan Ave. Suite 334 Marsh Creek Corporate Center Exton, PA 19341

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| Schedule Effective June 2, 2025                                   |                      |                      |                        |                      |                          |
|---|----------------------|----------------------|------------------------|----------------------|--------------------------|
| Class   | Monday               | Tuesday              | Wednesday              | Thursday             | Friday                   |
| Little Lions  | 5:15pm-5:45pm        |                      | 5:00pm-5:30pm          |                      | 6:00pm-6:30pm            |
| Phase 1<br>White, Camo, 9 <sup>th</sup> Gup,<br>Orange, Yellow    | (B)<br>5:45pm-6:25pm | (B)<br>5:45pm-6:25pm | (A)<br>5:30pm-6:10pm   | (A)<br>6:45pm-7:25pm | (A & B)<br>5:00pm-5:40pm |
| Phase 2<br>Green, Purple, Blue, Brown                             | (B)<br>5:45pm-6:45pm | (B)<br>5:45pm-6:45pm | (A)<br>6:10pm-7:10pm   | (A)<br>5:45pm-6:45pm | (A & B)<br>5:00pm-6:00pm |
| Phase 3<br>Red, 1 <sup>st</sup> Gup, Cho Dan Bo                   | (A)<br>4:30pm-5:30pm | (A)<br>6:45pm-7:45pm | (B)<br>7:10pm-8:10 pm  | (B)<br>4:45pm-5:45pm | (A & B)<br>5:00pm-6:00pm |
| Black Belt Kids<br>1st, 2 <sup>nd</sup> , & 3 <sup>rd</sup> Dan's | (A)<br>6:45pm-7:45pm | (A)<br>4:45pm-5:45pm | (B)<br>7:10pm – 8:10pm | (B)<br>4:45pm-5:45pm | (A & B)<br>5:00pm-6:00pm |
| Adults<br>White to Brown  |                      | (A)<br>7:45pm-8:45pm |                        | (B)<br>7:30pm-8:30pm | (B)<br>6:35pm-7:35pm     |
| Adults<br>Red to Black Belt                                       | (A)<br>7:45pm-8:45pm |                      | (B)<br>8:10pm-9:10pm   |                      | (B)<br>6:35pm-7:35pm     |
| STORM Team Training   |                      |                      |                        |                      | 6:00pm-6:30pm            |